Change is afoot..

Bluebird Care, a national provider of care in the home, have just moved into the premises above Green Tree Health. They specialise in working with customers and their families that require social care in their own homes.

For more information:
PHONE: 01225 863565

NEW Therapists

Green Tree Health is pleased to welcome **Derek Smith** who joined us earlier last year. Derek is a BACP senior accredited counsellor and a UKRC registered independent counsellor, with more than 16 years experience of working in GP surgeries and 17 years in private practice. He provides a real opportunity for people to develop and change. A variety of approaches are offered, tailored to fit the client’s specific needs.

NEW Noticeboard

If you would like to find out more information on each Therapist, please visit Green Tree Health reception where a selection of leaflets and business cards are available.

Alternatively, The Bradford on Avon Health Centre (in the Station car park) has a new notice board in the Doctors waiting room to view. A member of staff will be more than happy to help with any queries.

To enquire about joining our team of Therapists here at Green Tree Health, please speak to reception.
Support through Pregnancy

Hypnobirthing
Johanna Davis is now a fully qualified Hypnobirthing Therapist of which there are only 50 in the UK. Johanna will train you to use self-hypnosis, relaxation, visualization and breathing methods to prepare mind and body for a natural birth. Johanna is happy to do group or individual sessions and the price is £175 for three sessions in the later part of pregnancy. To find out more information, Johanna is on the easibirthing website:

www.easibirthing.co.uk

Brooke Kemball-Smith has over nine years experience as an acupuncturist and twenty one years in the field of complementary medicine. Acupuncturists use fine needles to stimulate the body’s own healing response and to restore its natural balance. Brooke treats a wide range of problems including arthritis, hayfever, asthma, stress, eczema plus many more.

Brooke is affiliated with the Zita West Clinic in London which is the UK’s largest integrated reproductive health clinic specializing in care, support, advice and treatments designed to help couples who are finding it difficult to conceive to get pregnant, and to help women who are already pregnant have the healthiest pregnancy possible.

To find out more information, please telephone Green Tree Health reception or visit:

www.acupuncture.co.uk

Association of Reflexologists (AoR)

Karen Newton (MAR & MHMA), is a member of the Association of Reflexologists and also the Homoeopathic Medical Association. She is a qualified Reflexologist, Homoeopath and Massage Therapist with over 20 years experience. Her name can be searched on the AoR website by visiting www.aor.org.uk and she also has her own website at www.complementarycare.co.uk.

Why not give a special gift to a friend and purchase one of Karen’s Gift Vouchers?

Please telephone the Bradford on Avon Health Centre on 01225 866611 who will be able to help with any appointments or queries.

For more information on Green Tree Health or for any of the articles mentioned in this newsletter please contact reception on 01225 867098.