THE TRANSFORMING CARE FOR OLDER PERSONS TEAM (T.C.O.P)
Loneliness increases the likelihood of mortality by 26% (Holt-Lunstad, 2015).

Loneliness is associated with an increased risk of developing coronary heart disease and stroke (Valtorta et al, 2016).

One study concludes lonely people have a 64% increased chance of developing clinical dementia (Holwerda et al, 2012).

Socially isolated people visit their GP more often, have higher use of medication, also have a higher incidence of falls (Cohen, 2006).

Those aged 80+ are most likely to attend A&E (www.parliament.uk/commons-library).

In Boa & Melksham 11.3% (2737) Patients are aged over 75.

We look after 169 Patients in care homes.

Approximately 1310 of our Patients are over 75 and currently live alone.
The TCOP Team

TCOP Team from 1st July 2017 AJB/MC
Amanda Brookes
Strategic Lead
STRATEGIC LEAD ROLE

- Interpret Wiltshire Clinical Commissioning Group Strategic vision
- Develop local plans to improve care for older/vulnerable people
- Greater integration of health and care services through working with other agencies, i.e. Social Services, Community Teams, Voluntary sector
- Implement project plans
- Develop Key Performance Indicators and monitor outcomes
- Report back quarterly to WCCG to prove value for money
- Share best practice through learning events

Ambition

- Be innovative and promote skill-mix within primary care
- Be sustainable
- Be delivered at scale across a locality
- Support resilience within primary care
- Encompass clinical best practice and reduce variation
Support the Strategic lead developing & implementing new projects
Develop & support the TCOP team – non clinical
Monitor annual targets and KPI’s submit quarterly reports
Complete analysis and statistics using various systems & websites
Manage the Boa and Melksham Leg Clubs, volunteers, finances, accounts and fundraising
Oversee the Memory Cafe, events, volunteers, finances, accounts and fundraising
Attend the Locality meetings, Council Health and Well Being Meetings at both Boa and Melksham
Attend the Bradford on Avon Dementia friendly and Seniors Forum meetings
Liaison for TEP / DNAR forms
Clinically Managing the TCOP team
Assessing and distributing referrals to the relevant TCOP team member, agency or team.
Plan and complete weekly visits to 9 Nursing and Residential Homes, to cover a wide range of patient care.
Provide training and support for care home staff
Admission Avoidance
Support the Leg Club staff as Tissue viability lead
Chair the multi agency MDT meetings to discuss patient care
Reviewing and updating frailty lists
Continuing improvement and development of the TCOP team
Home visits to complete clinical medication reviews for elderly patients who have moderate to severe frailty. These patients can be more susceptible to the adverse effects of medication.

Give telephone support where necessary.

Support the TCOP team with regards to medication queries.
Sasko Spirovski
Care Co-ordinator for Frailty, Falls and Dementia
Complete home visits and reviews to initiate a care plan for patients who are vulnerable to admission, Frail, or socially isolated to help them to safely remain at home

Telephone support/home visits for patients who have recently been discharged from hospital to ensure safe transition back into their home and community

Fortnightly visits to the RUH hospital to visit in-patients and liaise with staff regarding their needs on being discharged

Support and help for patients who have been diagnosed with dementia

Offer guidance and initiate referrals to appropriate health professional agencies

Offer guidance on accessing voluntary services available

Support and help for patients who have had a recent fall

Supporting the Leg Club and Memory café

Attend fortnightly multi agency MDT meetings
• Plan and complete weekly visits to 9 nursing and residential Homes, to cover a wide range of patient care. Initiate any further care required
• Provide support for care /nursing home staff
• Home visits and reviews to initiate a care plan for patients who are vulnerable to admission, Frail, or socially isolated to allow them to safely remain at home
• Carry out Home Visits for over 75’s after being triaged by a Doctor
• Arranging admission in acutely unwell patients. Liaising with GP’s re: ongoing care
• Administer Flu injections and review Dementia and Asthma in patients in their own homes
• Offer guidance and initiate referrals to appropriate health professional agencies
• Offer guidance on accessing voluntary services available
Kate Bartlett
Age UK
Living Well Project Worker
Living Well Project Worker Role

• Ensure there are opportunities for older people to live healthy fulfilling lives
• Referral led Telephone contact / Home visits to complete a guided conversation with patients to assess situation and needs
• Offer advice on physical and mental health benefits from increased social contact
• Offer guidance and initiate referrals to appropriate health professional agencies
• Offer guidance on accessing voluntary services available
• Work with volunteers to ensure the best available outcome from their support – Intervention duration 6 – 12 weeks
• To promote living well project by sharing information, advice and signposting
• Supporting the Leg Club and Memory cafe
Chris Maple
Alzheimer’s Support
Dementia Advisor
Dementia Advisor Role

- Receive referrals from GP’s, Care Coordinators, Memory Clinic, Self referrals and other organisations
- Providing information, guidance & support to people with dementia, their carers & family
- Home visit (typically 2 hours) to get to know the person, their environment, & understand their needs
- Referrals &/or Signposting to other relevant organisations who can help meet the clients needs
- Discussing Alzheimer’s Support services – Mill St Day Club, Home Support Service, Carers groups & Community Groups
- Agreeing & documenting a personalised Support Plan with the client
- Ongoing point of contact for client & family – 6 monthly telephone reviews
- A presence at the memory cafes where possible
Rachel Andrews
TCOP Administrator
TCOP Administrator Role

- Operational and admin support to the Projects lead
- TCOP team receptionist and admin support
- Administrator for the Nursing Home Project
- Receptionist and admin at the Bradford on Avon Leg Club
- Plan fundraising activities for the Bradford on Avon Leg club
- Plan activities and organise the monthly Memory café
- Organising and planning events & fundraising activities for the memory café
- Organising the fortnightly MDT meetings, then attend and update patients notes
The Bradford on Avon Leg Club
The Melksham Leg & Wellbeing Club
THE AIM OF THE LEG CLUBS

- Create a simple, flexible ‘drop in’ clinic for people with leg problems
- Deliver research based wound management in a friendly, non threatening social environment
- Create a positive culture for staff development & learning
- Provide continuity of care & a co-ordinated approach to healing patients
- Minimise recurrence by ‘well leg’ checking
Supporting Social Prescribing, Social Isolation and Wellbeing

Bradford-on-Avon Leg Club
Arts & Crafts Coffee Morning
Open to All - Come and Join Us
Every Tuesday 9AM to 11:30AM
St. Margaret’s Hall

Every Tuesday we hold an arts and crafts coffee morning within our Leg Club. We also offer this for people who don’t necessarily have problems with their legs, but would like to come and enjoy tea or coffee and a chat. Here, you will also have the opportunity to take part in the arts and crafts you wish to.

We have:
- Arts and crafts
- Board Games
- Cards
- Tapestry
- Photography Advice
- Computing and Technology Advice
- Book Club / Book Swap
- Health Advice

All Welcome

Improve your health, make positive lifestyle changes!

Do you want to:
- Improve your general wellbeing
- Build your self-confidence and motivation
- Eat healthier food and be a healthy weight
- Reduce or stop smoking
- Be more active
- Drink less alcohol?

Are you over 18?
A dedicated health trainer can assist you every step of the way in achieving and maintaining your goals. They can also help you find other services and activities.

Call us: 0300 003 4566
Email: health.trainers@wiltshire.gov.uk

Helping you to help yourself.
MEMORY CAFE

Canal Cruise & Cream Tea
At the Dog and Fox
NEW SOCIAL CAFE

OPENING
BRADFORD ON AVON
LEG CLUB - MAY 2018